NEW	Workers'
YORK	Compensation
STATE	Board

# Employee Claim State of New York - Workers' Compensation Board

Fill out this form to apply for workers' compensation benefits because of a work injury

or work-related illness.Type or print neatly. This form may also be filled out on-line at www.wcb.ny.gov.

	B Case Number (if you kn					
Α.	YOUR INFORMATION				2 Date of Birth	/
	1. Name:				2. Bate of Birth	,,
	3. Mailing address:	Number and Street/PO	Box/Apartment No.	City	State	Zip Code
	4. Social Security Number:		5. Phor	ne Number: ()	6. Gender:	Male 🗌 Female
P	7. Will you need a translate YOUR EMPLOYER(S)		end a Board hearir	ng? 🗌 Yes 🗌 No	If yes, for what language?	
υ.		,			2. Phone Number: (	_)
	3. Your work address:					
	4. Date you were hired:	//	Number and Street 5. Your supervis	City	State	
C.	7. Did you lose time from w YOUR JOB on the da		•••	esult of your injury/illn	ess? Yes No	
	1. What was your job title of	or description?				
	2. What types of activities did you normally perform at work?					
	3. Was your job? (check one)					
	4. What was your gross pa	y (before taxes) per	r pay period?		5. How often were you paid?	
					, describe:	
' ח	YOUR INJURY OR ILI					
	1. Date of injury or date of	onset of illness:	//	2. Time o	f injury: 🗌 AN	И 🗌 РМ
:	3. Where did the injury/illness happen? (e.g., 1 Main Street, Pottersville, at the front door)					
	4. Was this your usual wor	k location?	s 🗌 No If	no, why were you at th	his location?	
	5. What were you doing when you were injured or became ill? (e.g., unloading a truck, typing a report)					
	6. How did the injury/illnes	s happen? (e.g., I tr	ipped over a pipe	and fell on the floor).		
	7. Explain fully the nature c	of your injury/illness;	; list body parts aff	ected (e.g., twisted lef	ft ankle and cut to forehead):	

YOUR NAME:	MI Last	DATE OF INJURY/ILLI	NESS:///			
D. YOUR INJURY OR ILLNI	ESS continued					
8. Was an object (e.g., forklift,	hammer, acid) involved in the injury/illness?	Yes No If yes, what?				
9. Was the injury the result of t If yes, D your vehicle	9. Was the injury the result of the use or operation of a licensed motor vehicle?  Yes No If yes, your vehicle employer's vehicle other vehicle License plate number (if known):					
If your vehicle was involved	I, give name and address of your motor vehicle	e insurance carrier:				
If yes, notice was given to: _		Yes No				
11. Did anyone see your injury f	happen? 🗌 Yes 🗌 No 🗌 Unknown If	yes, list names:				
. RETURN TO WORK						
1. Did you stop work because	of your injury/illness?	?/ N	lo, skip to Section F.			
2. Have you returned to work?	Yes 🗌 No If yes, on what date?	// reg	ular duty			
3. If you have returned to work	k, who are you working for now?	employer 🗌 New employer	Self employed			
	ore taxes) per pay period? FOR THIS INJURY OR ILLNESS	How often are you p	aid?			
1. What was the date of your fi	irst treatment?//	None received (skip to quest	ion F-5)			
2. Were you treated on site?	Yes No					
Doctor's office	first off site medical treatment for your injury/il Clinic/Hospital/Urgent Care you were first treated:	Hospital Stay over 2				
,			mber: ()			
4. Are you still being treated fo Give the name and address	or this injury/illness?					
		Phone Nu	mber: ()			
5. Do you remember having ar	nother injury to the same body part or a similar	illness? 🗌 Yes 🗌 No				
	a doctor? Yes No If yes, provi FILE FORM C-3.3 TOGETHER WITH THIS F	de the names and addresses of th ORM:	ne doctor(s) who treated			
	ess work related? Yes No the same employer that you work for now?	Yes No				
	enefits under the Workers' Compensation Law. powledge and belief.		rmation I am providing is true			
	nd with INTENT TO DEFRAUD presents, causes n insurer, or self-insurer, any information cont TY OF A CRIME and subject to substantial FINE					
	Print Name:					
behalf of Employee: n individual may sign on behalf of the	Print Name: e employee only if he or she is legally authorized to do	o so and the employee is a minor, ment	Date://			
ertify to the best of my knowledge, atters asserted above have evidential	information and belief, formed after an inquiry reary support, or are likely to have evidentiary support	sonable under the circumstances, th after a reasonable opportunity for fur	at the allegations and other factuations in the investigations or discovery.			
	f any):					
	Tit					
No., if any: <b>R</b>	If Licensed Representative, License No.:_	Expiratio	on Date:///			

ID NO., If any: <b>R</b>				
C-3.0 (1-11) Page 2 of 2				



WCB Case No. (if you know it):\_\_\_

**To Claimant:** If you received treatment for a *previous* injury to the same body part or for an illness similar to the one described in your current Claim, fill out this form. This form allows the health care providers you list below to release health care information about your previous injury/ illness to your employer's workers' compensation insurer. The federal HIPAA law (Health Insurance Portability and Accountability Act of 1996) says you have a right to get a copy of this form. If you do not understand this form, talk to your legal representative. If you do not have a legal representative, the Advocate for Injured Workers at the Workers' Compensation Board can help you. Call: 800-580-6665.

To Health Care Provider: A copy of this HIPAA-compliant release allows you to disclose health information. If you send records to the employer's workers' compensation insurer in response to this release, also mail copies to the Claimant's legal representative. (If no legal representative is listed below, send copies to the Claimant.) Health care providers who release records must follow New York state law and HIPAA.

This release is:	This form does NOT allow your health care provider(s)		
• Voluntary. Your health care provider(s) must give you the same care, payment terms, and benefits, whether you sign this form or not.	to release the following types of information:		
• Limited. It gives your health care provider(s) permission to release only those health records that are related to the previous illness/condition you describe below.	<ul> <li>HIV-related information</li> </ul>		
• <b>Temporary.</b> It ends when your current claim for compensation is established or disallowed and all appeals are exhausted.	<ul> <li>Psychotherapy notes</li> <li>Alcohol/Drug treatment</li> </ul>		
• <b>Revocable.</b> You can cancel this release at any time. To cancel, send a letter to the health care provider(s) listed on this form. Also, send a copy of your			
letter to your employer's workers' compensation insurer and the Workers' Compensation Board. <i>Note: You may not cancel this release with respect to</i> <i>medical records already provided.</i>	Mental Health treatment (unless you check below)		
• For records only. It gives your health care provider(s) listed on this form permission to send copies of your health care records to your employer's workers' compensation insurer.	<ul> <li>Verbal information (your health care providers may not discuss your health care information with anyone)</li> </ul>		
Any medical records released will become part of your workers' compensation file	and are confidential under the Workers' Compensation Law.		
A. YOUR INFORMATION (Claimant)			
1. Name:	2. Social Security Number:		
3. Mailing Address:			
4. Date of Birth:// 5. Date of the current injury/illness:			
6. Current injury/illness, including all body parts injured:			
7. Your legal representative's name and address (if any):			
Check here if you allow your health care provider(s) to release <b>mental health</b>	care information.		
B. YOUR HEALTH CARE PROVIDER(S) (List all health care providers who treas illness. If more than 2 providers attach their contact information to this form.)	ated you for a <i>previous</i> injury to the same body part or simila		
1. Provider:	2. Phone Number: ()		
3. Mailing Address:			
4. Other provider (if any):	5. Phone Number: ()		
6. Mailing Address:			
C. READ AND SIGN BELOW. I hereby request that the health care provided insurer copies of all health records related to any previous injury/illness, to all bo			
Claimant's signature (ink only use blue ballpoint pen, if possible.)	Date		
If the claimant is unable to sign, the person signing on his/her behalf must			
Your name Relationship to Claimant Signature (ink o	only use blue ballpoint pen, if possible.) Date		

Versión en español al reverso de la forma.

#### Divulgación limitada de información sobre la salud ŃEW Workers' YORK Compensation (HIPAA) Board



#### Estado de NuevaYork - Junta de Compensación Obrera (WCB)

WCB Case No. (if you know it) (Número de caso WCB [si lo sabe])

Al reclamante: Si usted recibió tratamiento por una lesión anterior en la misma parte del cuerpo o por una enfermedad similar a la que motiva ahora su reclamación, complete este formulario. Este formulario les permite a los proveedores de salud que usted señala a continuación divulgar a la compañía de seguros de compensación obrera de su empleador la información sobre su salud relacionada con su lesión/enfermedad anterior. La Ley federal HIPAA (Ley de portabilidad y responsabilidad del seguro de salud de 1996) establece que usted tiene derecho a recibir una copia de este formulario. Si no comprende este formulario, hable con su representante legal. Si no tiene un representante legal, el Representante de los obreros lesionados de la Junta de Compensación Obrera puede ayudarlo. Llame al 800-580-6665.

Al proveedor de salud: Una copia de esta divulgación, redactada según lo que establece la ley HIPAA, le permite divulgar información sobre la salud. Si envía los registros al asegurador de compensación obrera del empleador en respuesta a la presente divulgación, también debe enviar por correo copias al representante legal del reclamante. (Si a continuación no se especifica un representante legal, envíe las copias al reclamante). Los proveedores de salud que divulgan los registros deben cumplir con las leves del estado de Nueva York y la HIPAA.

Esta divulgación es:

- Voluntaria. Su(s) proveedor(es) de salud deben otorgarle la misma atención, condiciónes de pago ý beneficios, independientemente de que usted firme este formulario o no.
- Limitada. Le otorga a su(s) proveedor(es) de salud permiso para divulgar únicamente los registros médicos que se relacionen con la enfermedad/ afección anterior que usted describe a continuación.
- Temporal. Termina cuando se otorgue o desestime su actual reclamación de compensación y se hayan agotado todas las apelaciones.
- Revocable. Usted puede cancelar esta divulgación en cualquier momento. Para hacerlo, envíe una carta al (a los) proveedor(es) de salud que se indican en este formulario. Además, envíe una copia de su carta a la compañía de seguros de compensación obrera de su empleador y a la Junta de Compensación Obrera. Nota: No podrá cancelar esta divulgación en lo que se refiere a registros médicos que ya se hayan provisto.
- Solamente para registros. Le otorga a su(s) proveedor(es) de salud que se indica(n) en este formulario permiso para enviar copias de sus registros de salud a la compañía de seguros de compensación obrera de su empleador.

Este formulario NO autoriza a su(s) proveedor(es) de salud a divulgar los siguientes tipos de información:

- Información relacionada con el VIH
- Notas de terapia psicológica
- Tratamientos por abuso de alcohol o drogas
- Tratamiento de salud mental (a menos que usted lo indique a continuación)
- Información verbal (sus doctores no pueden hablar con nadie sobre su información de salud)

Los registros médicos divulgados se incorporarán a su expediente de compensación obrera y son confidenciales conforme a la Ley de compensación obrera.

CONTESTA LAS SIGUIENTES PREGUNTAS, EN INGLÉS SI ES POSIBLE, EN LOS ESPACIOS PROVISTOS Y FIRMA AL FRENTE DE LA FORMA.

### A. YOUR INFORMATION (Claimant) INFORMACIÓN PERSONAL (Reclamante)

- 1. Name (Nombre)
- Mailing Address (Dirección postal)
- 5. Date of the current injury/illness (Fecha de la lesión/enfermedad actual)

Signature(Firma)

2. Social Security Number (Número de seguro social)

- 4. Date of Birth (Fecha de nacimiento) 6. Current injury/illness, including all body parts injured (Descripción de la lesión/enfermedad actual, incluyendo todas las partes del cuerpo lesionadas)
- 7. Your legal representative's name and address (if any) (Nombre y dirección de su representante legal [si corresponde]) Check here if you allow your health provider(s) to release mental health care information. (Marque aquí si autoriza a su(s) proveedor(es) de salud a divulgar información sobre tratamientos de salud mental.)

B. YOUR HEALTH CARE PROVIDERS (List all health care providers who treated you for a previous injury to the same body part or similar illness. If more than 2 providers, attach their contact information to this form.

SU(S) PROVEEDOR(ES) DE SALUD (Enumere todos los proveedores de salud que le han tratado por lesiones previas a las mismas areas del cuerpo ó por enfermedades semejantes. Si son más de 2 proveedores, adjunte su información de contacto a este formulario.) 1. Provider (Proveedor de salud) 2. Phone Number (N° de teléfono)

- Mailing Address (Dirección postal)
- Other provider (if any) (Otro proveedor [si corresponde]) 5. Phone Number (N° de teléfono)
- Mailing Adress (Dirección postal)
- C. READ AND SIGN BELOW I hereby request that the health care provider(s) listed above give my employer's workers' compensation insurer copies of all health records related to any previous injury/illness, to all body parts, described above. LEA Y FIRME A **CONTINUACIÓN.** Por la presente solicito que los proveedores de salud aquí enumerados le provean al asegurador de compensación obrera de mi patrono copias de todos los records médicos relacionados a cualquier lesión/enfermedad aquí enumeradas.

If the claimant is unable to sign, the person signing on his/her behalf must fill out and sign below: (Si el reclamante no puede firmar, la persona que firme el formulario en su nombre y representación debe llenar y firmar a continuación)

Claimant's signature (Firma del reclamante ) use solo tinta - preferiblemente azul Date (Fecha)

Your name (Su nombre) Relationship to Claimant (Relación con el reclamante) Date(Fecha)

#### Instructions for Completing Employee Claim (Form C-3)

Please complete this form and send it to the Workers' Compensation Board centralized mailing address listed at the end of these instructions. If you need additional help completing this form, contact the Workers' Compensation Board at **1-877-632-4996.** You may also fill this form out online at **wcb.ny.gov**. If you do not have or know your Workers' Compensation Board Case Number, please leave this field blank. It is not required to process your claim. Remember to enter your name and the date of your injury/illness on the top of page two.

#### Section A - Your Information (Employee):

In Section A, enter your name, address and other requested information. Note on Item 7: Board hearings are conducted in English. If you need a translator, select **Yes** and indicate the language needed.

## Notification Pursuant to the New York Personal Privacy Protection Law (Public Officers Law Article 6-A) and the Federal Privacy Act of 1974 (5 U.S.C. § 552a).

The Workers' Compensation Board's (Board's) authority to request that claimants provide personal information, including their social security number, is derived from the Board's investigatory authority under Workers' Compensation Law (WCL) § 20, and its administrative authority under WCL § 142. This information is collected to assist the Board in investigating and administering claims in the most expedient manner possible and to help it maintain accurate claim records. Providing your social security number to the Board is voluntary. There is no penalty for failure to provide your social security number on this form; it will not result in a denial of your claim or a reduction in benefits. The Board will protect the confidentiality of all personal information in its possession, disclosing it only in furtherance of its official duties and in accordance with applicable state and federal law.

#### Section B - Your Employer(s):

In Section B, enter the name, address, phone number and other information of the employer you were working for at the time of the injury/illness.

**Note:** Your employer is the company or agency that issues your paycheck. If you are a contractor at a work site or office, the staffing agency or vendor who hired you is your employer, not the work site or office where you report to work.

#### Section C - Your Job on the Date of the Injury or Illness:

In Section C, enter your job title, work activities and pay information.

#### Section D - Your Injury or Illness:

In Section D, enter your injury or illness information.

Item 1: Enter the date you were injured or the first date you noticed you became ill.

If this is an illness or occupational disease, skip item 2. The date you were injured must be in month/day/year format. The year should be written as four digits, e.g., 2015.

Item 2: Enter the time when the injury occurred. Check whether it was AM or PM.

Item 3: Indicate the location where the injury/illness occurred, including the address of the building and the physical location in the building where the injury/illness happened.

Item 4: Check whether this was your normal work location. If it was not, explain why you were at this location.

**Item 5:** Describe in detail what you were doing at the time of the injury/illness (e.g., unloading boxes from a truck by hand). This explains the events leading up to the injury.

Item 6: Describe in detail how the injury/illness occurred (e.g., I was lifting a heavy box off a truck). This should include all people and events involved in the injury/illness.

**Item 7:** Indicate fully the nature and extent of your injury/illness, including all body parts injured. Be as specific as possible (e.g., I strained my back trying to lift a heavy box. It hurts to bend over or hold even lighter objects now).

**Item 8:** Indicate if some object was involved in the accident **other than** a licensed motor vehicle. Other objects may include a tool (e.g., hammer), a chemical (e.g., acid), machinery (e.g., forklift or drill press), etc.

**Item 9:** Indicate if a licensed motor vehicle was involved in the accident. If so, check if the motor vehicle involved was yours, your employer's, or a third party's. Include the license plate number (if known). If your vehicle was involved, fill out the name and address of your automobile liability insurance carrier.

**Item 10:** Check if you gave your employer or supervisor notice of your injury or illness. If so, indicate who you gave notice to as well as if it was orally or in writing. Include the date you gave notice.

Item 11: Check if anyone else saw the injury happen. If anyone did see it, include their name(s).

#### Section E - Return to Work:

**Item 1:** If you stopped working as a result of your work-related injury/illness, check Yes and indicate the date you stopped working. If you have not stopped working, check No and skip to the next section.

**Item 2:** If you have since returned to work, check Yes. Also indicate on what date you started working again, as well as if you have returned to your Normal Duties or if you are on Limited or Restricted Duty. (If you have not returned to your full pre-injury or illness work duties, then you are on Limited Duty.)

Item 3: If you have returned to work, indicate who you are working for now.

**Item 4:** Enter your gross pay (before tax pay) per pay period for the job you are working at now. Indicate how often you are receiving a paycheck (weekly, bi-weekly, etc.).

#### Section F - Medical Treatment for This Injury or Illness:

**Item 1:** If you did not receive medical treatment for this injury/illness, check None Received and skip to item 5. Otherwise, enter the date you first received treatment for this injury/illness and complete the rest of this section.

Item 2: Check if you were first treated on the job for this injury or illness.

**Item 3:** Check the location where you first received off site medical treatment for your injury or illness. Include the name and address of the facility as well as the phone number (including area code).

**Item 4:** If you are still receiving ongoing treatment for the same injury or illness, check Yes and indicate the name and address of the doctor(s) providing treatment as well as the phone number (including area code); otherwise, check No.

Item 5: If you believe you already had an injury to the same body part or a similar illness, check Yes and indicate if you were treated by a doctor for this injury or illness. If you were treated by a doctor, indicate the name(s) and address(es) of the doctor(s) whom provided care and complete and file Form C-3.3 together with this form.

**Item 6:** If you had a previous injury or illness, check if your previous injury or illness was work-related. If Yes, check if the injury or illness happened while working for your current employer.

Sign Form C-3 in the place provided for Employee's Signature on page 2, print your name, and enter the date you signed the form. If a third-party is signing on behalf of the employee, that person should sign on the second signature line. If you have legal representation, your representative **must** complete and sign the attorney/representative's certification section on the bottom of page 2.

#### What Every Worker Should Do in Case of On-The-Job Injury or Occupational Disease:

1. Immediately tell your employer or supervisor when, where and how you were injured.

2. Secure medical care immediately.

3. Tell your doctor to file medical reports with the Board and with your employer or its insurance carrier.

4. Make out this claim for compensation and send it to the nearest Workers' Compensation Board Office. (See below.) Failure to file within two years after the date of injury may result in your claim being denied. If you need help in completing this form, telephone or visit the nearest Workers' Compensation Board Office listed below.

5. Go to all hearings when notified to appear.

6. Go back to work as soon as you are able; compensation is never as high as your wage.

#### Your Rights:

1. Generally, you are entitled to be treated by a doctor of your choice, provided he/she is authorized by the Board. If your employer is involved in a preferred provider organization (PPO) arrangement, you must obtain initial treatment from the preferred provider organization which has been designated to provide health care services for workers' compensation injuries.

2. DO NOT pay your doctor or hospital. Their bills will be paid by the insurance carrier if your case is not disputed. If your case is disputed, the doctor or hospital must wait for payment until the Board decides your case. In the event you fail to prosecute your case or the Board decides against you, you will have to pay the doctor or hospital.

3. You are also entitled to be reimbursed for drugs, crutches, or any apparatus properly prescribed by your doctor and for carfares or other necessary expenses going to and from your doctor's office or the hospital. (Get receipts for such expenses.)

4. You are entitled to compensation if your injury keeps you from work for more than seven days, compels you to work at lower wages, or results in permanent disability to any part of your body.

5. Compensation is payable directly and without waiting for an award, except when the claim is disputed.

6. Injured workers or dependents of deceased workers may represent themselves in matters before the Board or may retain an attorney or licensed representative to represent them. If an attorney or licensed representative is retained, his/her fee for legal services will be reviewed by the Board and if approved will be paid by the employer or insurance company out of any compensation benefits due. Injured workers or dependents of deceased workers should not directly pay anything to the attorney or licensed representative representative is a compensation case.

7. If you need help returning to work, or with family or financial problems because of your injury, contact the Workers' Compensation Board office nearest you and ask for a rehabilitation counselor or social worker.

This form should be filed by sending directly to the address listed below: New York State Workers' Compensation Board Centralized Mailing PO Box 5205 Binghamton, NY 13902-5205

Customer Service Toll-Free Number: 877-632-4996